

## April 2023

### Important Dates & Info.

World Health Day – 4/7/2023

National Alcohol Screening Day –  
4/7/2023

World Parkinson's Day – 4/11/23

World Hemophilia Day – 4/17/23

National Public Health Week –  
4/3/23 thru 4/9/23.

National Infant Immunization  
Week – 4/26/23 thru 5/3/23

National Autism Awareness  
Month – 4/2023

Primary Immunodeficiency  
Awareness Month - 4/2023

Cesarean Awareness Month -  
4/2023

IBS Awareness Month – 3/2023

**April is also Stress Awareness  
Month!**

### **Monthly Trivia Challenge:**

Be the first to answer and win  
\$10 dollars.

**What was the aggregate percentage  
increase in employee understanding of  
QI from the QI maturity survey for the  
1<sup>st</sup> quarter of 2023?**

Please do not use the internet!  
First to come, is first served with right  
answer!

There can only be one winner!

# Trumbull County Combined Health District Newsletter

Vol. 2, Issue 4., (April 2023).



### **Covid-19 Vaccine Clinics**

The TCCHD has been and continues to work diligently against the Covid-19 virus and Pandemic within Trumbull County. Throughout the month of April, the TCCHD will hold Covid-19 vaccination clinics throughout all of Trumbull County. Please contact the Nursing division of the TCCHD at 330-675-2489 for details about those clinics. All vaccinations (Pfizer, Moderna, and Johnson & Johnson, etc.) are generally available. Covid-19 booster shots are also available!

### **Covid-19 Testing**

Currently the TCCHD has a number of over the counter and home Covid-19 test kits. Anyone interested in receiving at home/over the counter test kits should reach out to the nursing division of the TCCHD at 330-675-2489. Meanwhile, if possible continue to mask, maintain safe distance from others, wash your hands, and get vaccinated. These measures will help protect you from COVID-19.

### **Covid-19 Data**

#### **As of March 1<sup>st</sup>, 2023:**

- The TCCHD has administered approximately **43,494** doses of the Covid-19 Vaccine.
- **20,936** are first doses,
- **17,859** are second doses,
- **3,426** are monovalent first booster doses, **532** are monovalent second booster doses, and **741** are bivalent boosters (original and Omicron),
- **57** doses of the COVID vaccine have been administered since the last board meeting,
- The TCCHD uses *the CDC Covid-19 Community Levels tool* to recommend what prevention steps to take. Levels can be **Low**, **Medium**, or **High**.
- Currently, Trumbull County, Ohio is **Medium**.
- **Prevention steps include:**  
**Staying up-to-date with Covid-19 vaccines, getting tested if you have symptoms, and if you are at a high risk for severe illness, talk to your healthcare provider about whether or not to wear a mask and take other precautions.**
- As of **3/20/2023**, Trumbull County has a case rate of **120.7** per 100,000, and a positivity rate of **7.8%**.

# Contact Us

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330-675-2489

## Fax:

330-675-2494

## Email:

[health@co.trumbull.oh.us](mailto:health@co.trumbull.oh.us)

## Website:

[www.tcchd.org](http://www.tcchd.org)

## Wellness Hub:

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## Instagram:

<https://www.instagram.com/t.c.combinedhealthdistrict>

### TCCHD History

**3/23/88** – BOH "...ceases all current and future activity concerning the house code until such time that this Board receives a written directive from the Advisory Council..."

**3/4/82** – DAC raises BOH members from 6 to 7 (6 members from twps.. & 1 from village or city), effective in 1983.

### Another Important Message Regarding Covid-19 and Trumbull County

Trumbull County continues to maintain a **Medium** level on the CDC Community Level Tool. It is still important to remember that one of the primary prevention steps for reducing the spread of Covid-19 is testing. The TCCHD (as stated above) has tests available for the general public. Please remember that if you are sick with Covid-19 symptoms, and (or) test positive for Covid-19, you should stay home and isolate yourself for five days from the time of symptom manifestation.

### TCCHD Industry News

#### Keeping Trumbull County Safe and Healthy one step at a time!

1. The Environmental division for January of 2023:
  - i. Performed **155** Food Service Operations Inspections,
  - ii. **160** Real Estate Evaluations,
  - iii. **191** Residential Sewage inspections,
  - iv. And **104** Plumbing Inspections.
2. The Nursing division for January of 2023:
  - i. Held **2** children immunization clinics and saw **5** clients,
  - ii. Held **1** adult immunization clinic and saw **9** clients,
  - iii. Had **53** families enrolled in their home visiting program and provided **48** tele/home visits.
3. The TCCHD continues to offer Mail-Order Narcan Kits. Please contact Kathy Parrilla for more details. In fact, for January and February of 2023, **136** kits have been distributed, with **92** being mail order, and for all of 2022, **654** were distributed, with **131** being mail order. Kits are also provided to our First Responders in the County as well. Stop Overdoses With Naloxone Because Every Life is Worth Saving. The Life You Save May be Someone You Love. Naloxone is a medication that can reverse an opioid overdose. Overdoses affect people from all walks of life. They could happen to your neighbors, your family or friends. That's why carrying naloxone could be the most important decision you make.

### Upcoming Events in Trumbull County

- Slice of the Valley – 3/5/23, 4 pm to 7 pm. Cafaro Event Center/Eastwood Mall
- Hike through Packard Park – 3/17/23, 4 pm to 6 pm., Packard Park, Mahoning Ave., Warren OH., 44483.

### Quality Improvement QI Contender For February of 2023

Please join me in congratulating **Rod Hedge**, an REHS in our environmental division for becoming the TCCHD's second QI contender. Rod is the March 2023 QI contender. Rod was chosen by members of management for going above and beyond his typical work roles while helping the TCCHD in its mutual aid to assist East Palestine in its water-testing efforts in the wake of a train derailment tragedy. Rod is now automatically eligible for the title of annual QI Champion which will be announced at the all-day staff training in November of 2023. Where he has a chance to win a substantial grand prize as the QI Champion of 2023.



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### Live Well Trumbull Hub



### Customer Satisfaction Survey QR



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#### Would you like to see something else added to the newsletter?

Let me know! Email me at [hebonack@co.trumbull.oh.us](mailto:hebonack@co.trumbull.oh.us)

### Help Support the American Red Cross

The American Red Cross shelters, feeds and provides emotional support to victims of disasters, supplies about 40% of the nation's blood supply, and provides international humanitarian aid as well. In the days following the East Palestine train derailment, the Red Cross was very instrumental in setting up and maintaining a temporary shelter with food and support for all those displaced by the temporary evacuation order. The Red Cross is able to provide these much need services through the generosity of others. Please consider supporting the Red Cross through the following ways:

- **Monetary Donation;** Online, by phone, by text, by mail, wire transfer, and fund raising,
- **Vehicle Donation,**
- **And give blood if possible,**

### "Your one Trusted, and Unified source for all resources related to Health and Wellness in Trumbull County" ....

Visit the Trumbull County Wellness Hub at:

<https://livewelltrumbull.com/>

- ✚ **Create a Free account,**
- ✚ **Register for and take Challenges,**
- ✚ **Access our Calendar of Events,**
- ✚ **Hear from experts,**
- ✚ **Access great resources from a number of partners.**

*Don't Wait...Explore the site today!*

### Ever visited the Trumbull County Combined Health District?

*Let us know how we did with our survey below!*

Customer Satisfaction Survey:

<https://www.surveymonkey.com/r/TKBSNMT>

### Tobacco Cessation in Trumbull County

#### Be on the Lookout!

*Make sure to check out TCCHD's two new billboards! If you drive by the corner of N. River Road and Elm Road, east facing, take a look! The second one is located on the corner of Rt. 422 and Logan Ave, west facing.*

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### Healthy tips for reducing your risk of developing Colorectal Cancer:

- Increase Physical Activity,
- Keeping a Healthy Weight,
- Limiting Alcohol Consumption,
- And avoiding the use of Tobacco Products,

The TCCHD has made access to and avocation of preventative health screenings a priority within Trumbull County through the Community Health Improvement Plan. Early detection of colorectal cancer is the greatest way to potential combat and overcome the disease. If you are age 45 or older, talk with your doctor about having a colorectal screening.



TCCHD is proud to partner with project MKC, a 501© (3) non profit organization located in Youngstown, dedicated to serving the most vulnerable children in NorthEast Ohio. Their mission is to make the lives of children and their families a little brighter by focusing on their individual needs with the help of volunteers.

Their programs provide daily essentials and positive emotional experiences to children and their families by boosting confidence and lifting spirits. Through our partnership, we receive things such as diapers, wipes, formula, baby food, Comfort kits, etc. to distribute to our clients and families. Project MKC is funded exclusively by donations, and 100% of donations go directly to their programming. To find out more about Project MKC or to make a donation, visits their website at [www.projectmkc.org](http://www.projectmkc.org) or like them on Facebook@ProjectMKC!

### A greater Culture of Quality is alive and well within the TCCHD!

In the month of January 2023, the TCCHD once again partook in the QI maturity Survey to measure employee understanding of quality improvement (QI) within the agency. Based upon the 2023 results and when compared to the same survey taken in 2022, TCCHD administration is very proud to announce that across the board there was an aggregate increase of 36% in employee understanding of QI. This is a step in the right direction, and a direct reflection of TCCHD staff's willingness and dedication to creating and maintaining a greater culture of quality within the TCCHD. *Some of the more notable increases from the survey that the administration wanted to share included:*

- Staff share information across teams and work units, (up 50%),
- My work unit/team collects customer satisfaction data, (up 50%),
- My work unit/team uses customer satisfaction data to make improvements within the TCCHD, (up 150%),
- Staff have appropriate opportunities to act to improve work processes, (up 70%),
- And senior leaders, managers, and supervisors address staff concerns about engaging in QI. (up 86%).

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